

SUPPORTING SPEECH SOUNDS IN THE HOME

Dear parents/caregivers, use these activities to target speech sounds in the home. Ask your child's speech therapist what sound, what position of the sound, and what level you should be working on at home. Note: This is not a replacement for speech and language services. These activities are to practice and promote carryover of skills and/or if there is a lapse in your child's speech therapy services. Don't forget, activities should be FUN! For questions on how to use these activities at your child's current level, consult with your child's speech therapist.

activities:

TARGET SOUND: _____ POSITION: I / M / F LEVEL: _____

SCAVENGER HUNT

- Walk around the house or outside looking for objects that include target sound. Practice as you go.
- For added fun, take pictures of objects or bring objects to designated spot and see how many objects they can find.

GAMES

- Print off flashcards (you can find free ones by googling). Use flashcards and play games such as Memory and Go Fish.
- Play any board game that your child loves. He/she must say their target sound/word before taking their turn.

ART ACTIVITIES

- Use sidewalk chalk, paint, crayons, paint daubers, etc. while practicing sounds. Draw pictures of sounds.
- Go to bit.ly/freebaseballcraft for a free articulation baseball craft.

BOOKS

- Read books together and identify target words in the books and pictures.
- Choose books that are sound-loaded with the target sound.

HIDE AND SEEK

- Make a list of target words and write on sticky notes or print flash cards. You can find free lists and pictures through google.
- Hide around the house for them to find. Use a flashlight for added fun! They practice the words as they find them.

CARS

- Lay out flashcards or write target words down on sticky notes. Roll car (make a home-made ramp for added fun!) and child says word that the car lands on.

CHARADES

- Have a list of target words. Take turns choosing words to act out.

BLOCKS AND PUZZLES

- Withhold blocks and puzzle pieces. Child says target sound/word before receiving piece.

*Model for your child as needed. Have them look at your mouth as you create the sound. Use a mirror so they can see how they are making it. If your child becomes frustrated, bring it down a level or take a break.